

# 2018 Schedule

# Women in DAIRY

January 19<sup>th</sup> 11:00 AM **Panel: Experiences on social media**  
Heart of America Dairy Expo

February 14<sup>th</sup> 10:00 AM **ABC's of USDA programs**  
Greene Co. Extension - Spfld, MO

March 14<sup>th</sup> 11:00 AM **How to balance YOUR daily ration**  
Lindsey Stevens, MU Extension Nutritionist  
Univ. of Missouri SW Center, Mt. Vernon